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**Instructions for patients undergoing Cardiac Procedures at PPH via  
Bayside Cardiology Group**

- (1) Admission paperwork needs to be done via either PPH homepage (<https://www.peninsulaph.com.au/For-Patients/Online-Admission-Form>) or paper forms provided via Suite 13 at PPH, a few days before the procedure.
- (2) Procedure will be performed between 1 pm and 5 pm at PPH on the scheduled day.
- (3) Patients can have a light breakfast but no solid food after 9 am on the day of procedure. After 9 am, patients can have small sips of clear fluid (like water) if they wish.
- (4) Patients need to present themselves to the PPH reception for admission around mid-day.
- (5) It is advisable all patients to be prepared for overnight admission although patients are likely to go home on the same day if the procedure is only coronary angiogram without stenting. But patients will get admitted overnight to the cardiac ward after the procedure if stenting is needed or if PFO closure is performed or if there are any other medical reasons.
- (6) If the patients have been taking antiplatelets (aspirin/clopidogrel/ticagrelor/prasugrel/asasantin/co-plavix, etc), it is advised to continue these.
- (7) If the patients have been taking anticoagulants (warfarin/ dabigatran/rivaroxaban/apixaban, etc), it is advised to stop these prior to the procedure (5 days for warfarin and 2 days for dabigatran/rivaroxaban/apixaban).
- (8) Patients should get blood tests done 1-5 days prior to the procedure (FBC/U&E/INR/APTT).
- (9) If there are any questions, patients should contact Bayside Cardiology Group on 03 97892080 (Suite 13, Peninsula Private Hospital).